

# SUPERIOR SPORTS MEDICINE CARE WITHOUT COMPROMISE



The Sports Medicine Center experts at Advanced Center for Orthopedics & Sports Medicine understand how injuries can impact athletes. Our sports medicine doctors have completed high-level training and work directly with athletes and their sports-related or exercise-induced injuries and conditions. Using minimally invasive approaches and the most advanced procedures and protocols, our specialists are trusted resources in delivering the highest-quality sports medicine care at the region's most preferred orthopedic practice.\*

**Scan the QR code to learn more about our Sports Medicine Center of Excellence.**



## Walk-Ins Welcome!

When your athletes require immediate treatment for acute bone, joint, and muscle injuries, our **Orthopedic Urgent Care** provides access to the expert orthopedic care they need as soon as they need it.

**Monday – Friday**

8:30 – 11:00 a.m. and 1:00 – 4:00 p.m.

**Saturday**

8:30 – 11:00 a.m.

\*Independent Market Research

**(270) 926-4100 • [AdvancedCenterforOrthopedics.com](http://AdvancedCenterforOrthopedics.com)**

# Our Sports Medicine Doctors



## **William P. Polio, M.D.**

**Fellowship-Trained Sports Medicine Surgeon**

### **Specialties**

Sports Medicine, Knee, Shoulder, Hip, Joint Replacement & Orthopedic Trauma

Dr. William Polio is an orthopedic sports medicine surgeon specializing in comprehensive bone, joint, and muscle care for athletes and anyone who enjoys an active lifestyle. His expertise includes a wide array of advanced sports medicine procedures, including ACL and multi-ligament knee reconstruction and minimally invasive arthroscopic joint repair.



## **Bryce A. Meredith, D.O.**

**Fellowship-Trained Primary Care Sports Medicine Specialist**

### **Specialties**

Primary Care Sports Medicine, Ankle, Elbow, Foot, Hand, Hip, Knee, Pediatric Orthopedics, Shoulder & Wrist

Dr. Bryce Meredith is a family medicine and primary care sports medicine doctor specializing in comprehensive care for athletes and weekend warriors. With extensive training in sports medicine, his expertise includes sports performance and nutrition, evaluation and treatment of concussions, and advanced nonsurgical sports medicine procedures.

## **Trusted by More Athletes**

Use the QR code below to explore our **Athlete and Parent's Online Guide to Sports Medicine**.

# **ADVANCED**

**Center for Orthopedics  
& Sports Medicine**



**FOCUSED ON YOU**



2780 Frederica Street  
Owensboro, KY 42301